

I. Read the following text.

Meals in Britain

A traditional English breakfast is a very big meal - sausages, bacon, eggs, tomatoes, mushrooms... But nowadays many people just have cereal with milk and sugar, or toast with marmalade, jam or honey. Marmalade and jam are not the same! Marmalade is made from oranges and jam is made from other fruit. The traditional breakfast drink is tea, which people have with cold milk. Some people have coffee, often instant coffee, which is made with just hot water.

For many people lunch is a quick meal. In cities there are a lot of sandwich bars, where office workers can choose the kind of bread they want - brown, white or roll - and then all sorts of salad and meat or fish to go in the sandwich. Pubs often serve good, cheap food, both hot and cold. Schoolchildren can have a hot meal at school, but many just take a snack from home - a sandwich, a drink, some fruit.

'Tea' means two things. It is a drink and a meal! Some people have afternoon tea, with sandwiches, cakes, and, of course, a cup of tea.

The evening meal is the main meal of the day for many people. They usually have it quite early, between 6 p.m. and 8 p.m., and often the whole family eats together.

On Sundays many families have a traditional lunch. They have roast meat, either beef, lamb, chicken, or pork, with potatoes, vegetables, and gravy. Gravy is a sauce made from the meat juices.

The British like food from other countries, too, especially Italian, French, Chinese, and Indian. People often get take-away meals - you buy the food at the restaurant and then bring it home to eat. Eating in Britain is quite international!

II. Are the statements true or false?

1. A traditional English breakfast is a big meal.
2. The traditional English breakfast drink is coffee.
3. Lunch is a substantial meal in Britain.
4. 'Tea' means only a drink in Britain.
5. The British usually have the evening meal between 6 p.m. and 8 p.m.
6. Many families have a traditional lunch on Sundays.
7. The British like only British food.

III. Choose the correct answer.

1. Is a traditional English breakfast a big meal or not?
a. yes b. no c. it doesn't say in the text d. I don't know
2. What is marmalade made from?
a. all sorts of fruit b. vegetables c. orange d. meat
3. What do the British drink for breakfast?
a. tea b. coffee c. nothing d. both
4. Where do office people have their lunch?
a. at home b. in the office c. at sandwich bars d. in restaurants
5. Do the British like food from other countries?
a. yes b. no c. they don't eat at all d. I'm not English, I don't care

IV. Answer the questions.

1. What do the English have for breakfast?
2. Is marmalade and jam the same or not?
3. What do pubs often serve for lunch?
4. What two things does 'tea' mean?
5. What is a traditional lunch in England?
6. The British like international food, too, don't they?